

In addition to the service provided by Youth Connexions Hertfordshire, Connexions Direct offer a national telephone and Internet based advice service to young people and their parents and carers. This service is also free of charge.

### To contact Connexions Direct...

Webchat/Email:

[www.connexions-direct.com](http://www.connexions-direct.com)

Phone: 080 800 13 2 19

Text: 07766 4 13 2 19

### Did you know?

Youth Connexions Hertfordshire has a specialist job service to help young people aged between 16 and 19 (up to 25 for anyone with learning difficulties or a disability) to find work.

Phone: 01462 704953

Email: [jobs@hcs.co.uk](mailto:jobs@hcs.co.uk)

[www.youthconnexions-hertfordshire.org](http://www.youthconnexions-hertfordshire.org) (click on 'Access our Free job service' on the right hand side of the home page, then either register for the service or click 'search for apprenticeships and other vacancies'.)

If your daughter or son stays in learning at school or college or in workbased training after 16 they can apply for an Education Maintenance Allowance (EMA) if your household income is within certain limits. It does not affect your rights to Child Benefit. EMA helpline: 0808 10 16219

Young people can find a wealth of information as well as competitions and much more at:

[www.channelmogo.org](http://www.channelmogo.org)

...and details of activities, clubs and lots of things to do at:

[www.mogozout.org](http://www.mogozout.org)



Youth Connexions Hertfordshire is keen to ensure that we offer you the best possible service, and we welcome your feedback.

This leaflet is available in other formats. For more information on this or to give feedback, please contact us on:

#### email:

[feedback@youthconnexions-hertfordshire.org](mailto:feedback@youthconnexions-hertfordshire.org)

**Freephone:** 0800 389 3258

#### Website:

[www.youthconnexions-hertfordshire.org](http://www.youthconnexions-hertfordshire.org) (click 'contact us' at top of home page)

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a guide for  
parents  
and carers

**Y**outh Connexions Hertfordshire is a service for young people which provides information, advice, guidance, support, and positive activities for 13-19 year olds (up to 25 years for young people with learning difficulties and/or disabilities and for those leaving care).

Youth Connexions is for young people whatever their ability or background, but provides extra support to those who need it most.

National research shows that parents and carers are the biggest influence on career choices made by their children, so it's important that you know about the options and choices they'll make. Young people today have a wide range of choices available to them and Youth Connexions staff can work with them to clarify and advise on their options.

Youth Connexions provides a wide range of information, advice and guidance including support with:

- Jobs and Careers
- Education
- Training Work
- Learning
- Relationships including counselling
- Volunteering
- Money
- Health
- Housing

Through youth centres and projects, we provide varied activities including sports, drama, music, workshops, outdoor education, youth councils and forums, events, residential and holiday programmes.

There are a number of Youth Connexions Centres and One Stop Shops across Herts where young people can access the full range of services. To find the one nearest you, go to:

[www.youthconnexions-hertfordshire.org](http://www.youthconnexions-hertfordshire.org)

Some of the key staff delivering services are Personal Advisers and Youth Workers who are professionally trained to provide the highest level of support.

To contact a practitioner in your area:

**Borehamwood One Stop Shop**  
**0208 953 8723**

**Cheshunt One Stop Shop**  
**01992 903232**

**Hatfield One Stop Shop**  
**01707 266223**

**Hemel Hempstead One Stop Shop**  
**01442 261511**

**Stevenage One Stop shop**  
**01438 749147**

**Watford One Stop Shop**  
**01923 231132**

For general information, contact details or other enquiries, contact one of our central team offices:

**West area: 01442 454060**

**Central : 01992 901515**

**East area: 01438 843340**

Youth Connexions practitioners are based in schools, colleges, One Stop Shops and Centres and in the community across the county. They can:

- **offer a confidential service that's individually tailored to a young person's needs**
- **provide information, advice and practical help**
- **explain the different options available to a young person to help them plan their future**
- **help a young person deal with other organisations**
- **help them explore ways of developing new skills and talents**

Young people aged up to 25 who have learning difficulties or a disability can get help from Personal Advisers working in the Youth Connexions LDD team.

Call: **01462 704901 (Minicom available)**

