

E-safety



LOOK OUT FOR

How to stay safe in chatrooms:

- Don't publish your real name or lie about your age.
- Don't give out your email address, mobile number, home address or school address or post your photo in a chatroom.
- Use public chatrooms, not private where there are only two people.
- Don't agree to meet anyone you've met in a chatroom unless you can take an adult you trust with you, such as a parent or carer.



WHAT NEXT

If you think someone in a chatroom is lying about who they are:

- Email the person who's in charge of the chatroom.
- Warn your friends.
- Don't use that chatroom again.

Is your friend in danger?

- Tell them not to meet up with anyone they have met in a chatroom.
- Tell them not to give out personal details.
- Support them and encourage them to tell someone about what is happening.



CONTACTS

- Connexions Direct
080 800 13 2 19
www.connexions-direct.com
- www.chatdanger.com
- www.channelmogo.org/discussion-forums/staying-safe/staying-safe.htm
- www.childline.org.uk/Info/Pages/OnlineSafety.aspx
- www.consumerdirect.gov.uk go to 'Online shopping'
- www.direct.gov.uk go to 'Staying safe online'
- www.thinkuknow.co.uk
- www.channelmogo.org go to 'Need some advice'

"The internet is a great place, but it can also mean new risks."

Information can now come to us in many e-forms like pop-ups, blogs, email, text or via the internet. These can be anonymous.

The internet is great but it needs to be treated with care. Some adults go to chatrooms and pretend to be young because they want to meet young people on their own to have sex with them, or to sexually abuse them. These people are called paedophiles and they are very dangerous.

If you do want to meet up with someone you've met online, make sure that you discuss it with your parents beforehand and that you take an adult with you.

Social networks are a great way of keeping in touch but remember that:

- Unless you make your profile private anyone can read it. You can set up a private profile when you join.
- You can never be sure that other users are being truthful about who they are.
- You need to think very carefully about whether you know someone well enough before accepting them into your group of linked friends.
- Make sure you know who to contact to report abuse or bullying on your page.

Texting is a great way to chat to friends, but it can be used as a way to bully

people. Tell an adult you trust if you are getting text messages which make you feel scared or uncomfortable.

Spam means emails and text messages that are sent to lots of people when they don't want them. Some may carry a computer virus so do not reply to them.

Internet shopping is convenient but needs to be used with care. Some sites are not genuine and you risk losing your money.

