

# Equality



LOOK OUT FOR

- If anyone makes a joke about you, calls you names, threatens or bullies you because you're not the same as them, they are discriminating against you. You may also feel that you are being unfairly treated because of your sex, race, age or for other reasons.
- In the UK there are laws to protect you. For example: Disability Discrimination Act, Race Relations Act and Sex Discrimination Act.



WHAT NEXT

- Try to see differences in people as a positive thing, and not something to be suspicious or scared of.
- Learn as much as you can about people as individuals. Knowing about different cultures, disabilities, sexualities and views can help you see past the label, and appreciate the human being.
- If you believe you are being discriminated against, don't suffer in silence. Speak to someone you trust e.g. a Youth Connexions Personal Adviser or call into your nearest One Stop Shop - see below for channelmogo.
- If you believe you are being discriminated against, keep a note of what happened and speak to someone you trust.



CONTACTS

- [www.channelmogo.org](http://www.channelmogo.org) go to 'Need some advice'
- Connexions Direct  
080 800 13 2 19  
[www.connexions-direct.com](http://www.connexions-direct.com)
- Dealing with Discrimination:  
[www.youthinformation.com/Templates/List.asp?NodeID=89806](http://www.youthinformation.com/Templates/List.asp?NodeID=89806)
- United Nations Convention on the Rights of the Child:  
[www.youthinformation.com/Templates/Internal.asp?NodeID=90854](http://www.youthinformation.com/Templates/Internal.asp?NodeID=90854)

***"What you look like and where you're from isn't important - I think what really counts is what you're like as a person inside."***

Hertfordshire is a diverse place. There is a mix of ethnicities, and some strong cultural beliefs.

Living in a diverse society means understanding how people are different in all sorts of ways - for example gender, disability, age, sexuality, culture, beliefs and religion.

We all have the right to our opinions, and our identity. We're all unique, and that's what makes life so interesting.

We don't have to agree with each other all the time. Getting into discussions about things is more interesting when we don't agree. We can begin to see different sides of a situation.

In the UK we believe that a democratic society should welcome diversity and support equality.

The law says that everyone, including young people, should have equal rights.

