

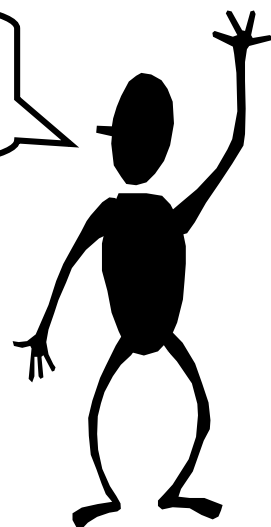
Information for young people



Relationships

This leaflet will tell you about different sorts of **relationships**

Everybody has a relationship with somebody. There are different types of relationships. These can be:



A son or daughter relationship with a parent

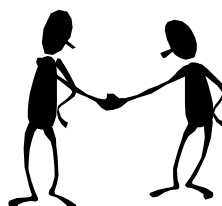


A grandson or granddaughter relationship with a grandparent



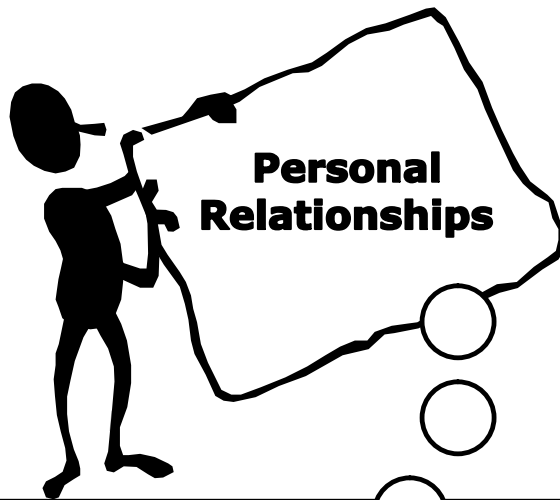
A boyfriend or girlfriend relationship with an individual man/woman boy/girl

A relationship you have with a friend which is a friendship



A professional relationship which you have with a teacher, boss or care staff

Leaflet 7: Relationships

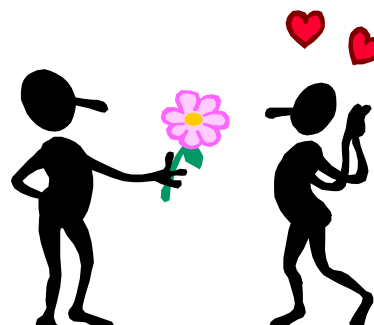


You can have personal relationships with your family. You might hug them and kiss them, and hold their hands because you love them.



You have a personal relationship with your friends. You choose your friends because you like them and they like you.

Some young people have a boyfriend or girlfriend. You choose each other because you especially like each other. You might want to hug or kiss each other. You might want to have a sexual relationship with each other. This is a decision you both need to make together and be in agreement with. You do not have to have sex if you don't want to. You need to think about contraception which can help stop pregnancy and sexually transmitted infections. You may want to discuss these issues with a trusted adult or find out about them at www.fpa.org.uk. Sexual relationships are illegal for young people under 16.



Leaflet 7: Relationships

Professional Relationships

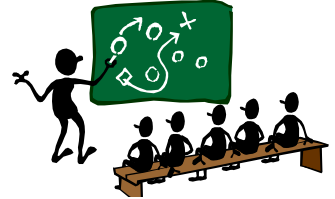


You have a professional relationships with lots of different people:

Doctor or Dentist



Teachers



Bus drivers and escorts

College tutors

Day Centre Workers



Policeman

Taxi Driver

Social Worker

Boss or work experience boss

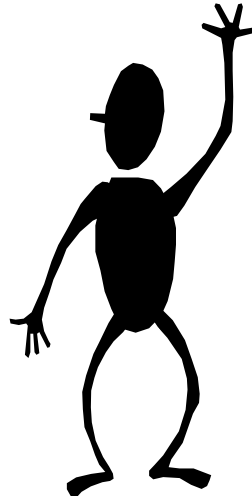
Connexions Personal Adviser

Residential or Respite worker

Leaflet 7: Relationships

You have a professional relationship with these people because you know them when they are at work:-

- They work with you to help you
- They may help you with very personal things like washing, dressing, going to the toilet



You do not have a personal relationship with these people because they are not your family or friends.

You do not kiss them or have a sexual relationship with them.

To find out more contact

Childline have a helpline that you can call and talk about things that worry you. You can talk to them about relationships.
Their number is: **0800 1111**

