

Information for young people

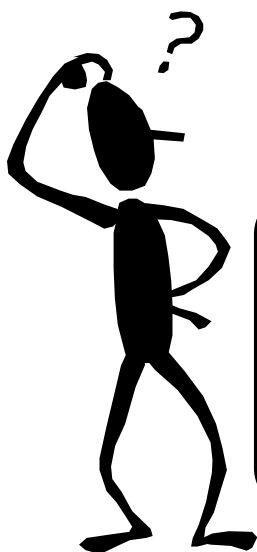


Choices

This leaflet will tell you about how to **plan for when you leave school**

Leaflet 6: Planning my future

Why plan for your future?



It is good to have an idea of what to do in the future. It is good to start thinking about this when you are at school

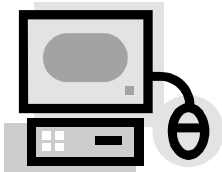
Having ideas about what you want to do in the future helps you make choices like:

- What subjects to do at school and college
- Where to go on work experience
- What job or training to go for

So what help can I get with planning?

Loads of people can help you think about your future. People who know you well like your family and friends can tell you what you are good at.

Teachers at school can help. In lessons like PSHE or careers you will think about what to do in the future. You may use a Progress File to help you remember your ideas.



You can get ideas from your Connexions library in school. Most schools have a brilliant programme on the computer called JED. JED can tell you about jobs. JED has lots of pictures and video clips of people working.

Leaflet 6: Planning my future

**Can
Connexions
help?**

Yes... Connexions can help. You can see a Connexions Personal Adviser from Year 9 onwards. Your Connexions Personal Adviser can talk to you about:

Your future plans

What college, work or training is really like

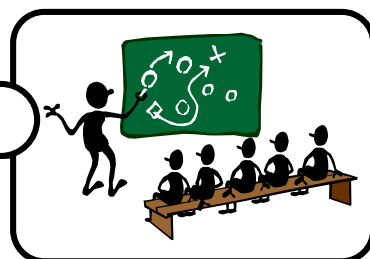
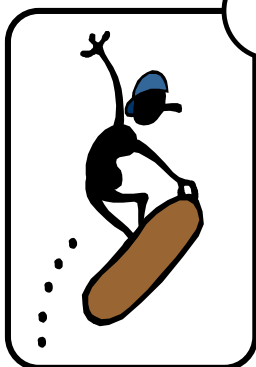
Anything else you want help with to make you happy and successful

Your Connexions Personal Adviser will also like to get to know you a bit. They may ask you about:

What you like doing when you are not at school

What you like at school

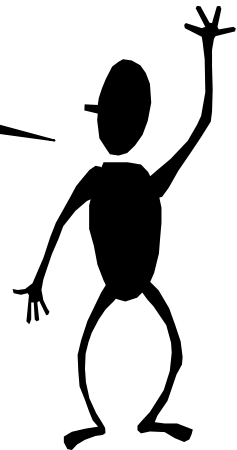
What you don't like at school



Leaflet 6: Planning my future

I've heard about a Transition Plan, what is it?

Transition Plans are where you can write down what you want to do in the future and what help you might need.



Your school should help you write a Transition Plan at your review meeting in Year 9. Your Transition Plan will be looked at at each review meeting you have after Year 9 until you leave school. You can change your Transition Plan at these meetings.

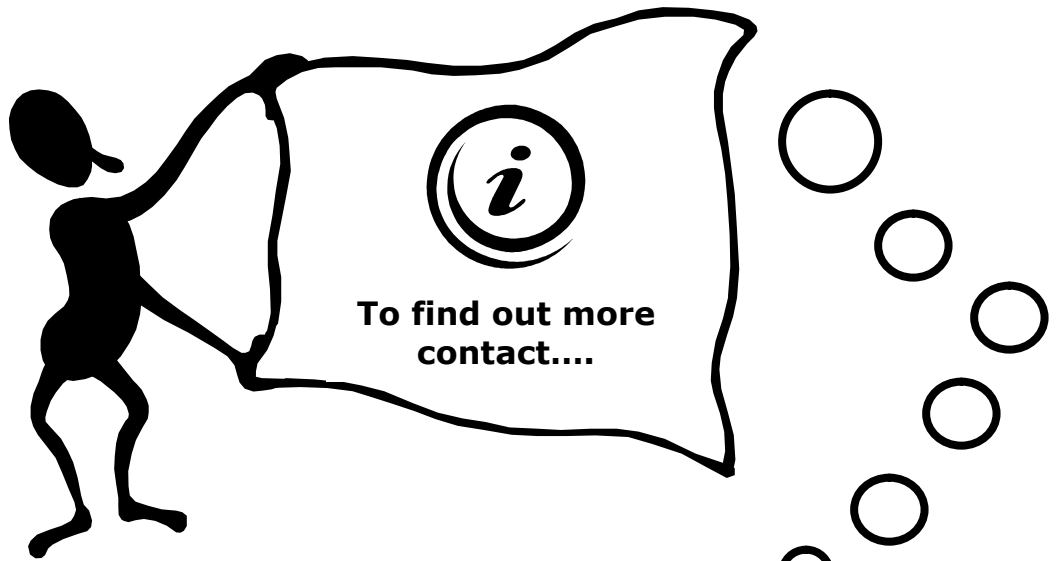
Who will be at my Transition Review?

- You (if you want to)
- Your parents or carers
- A teacher who knows you well - it can be the Head
- Your Connexions Personal Adviser



Sometimes other people who are helping you might come to your Transition Reviews. The sort of people who might come are social workers, or people who work for Children, Schools and Families.

Most young people will meet their Connexions Personal Adviser before going to their Transition Review. You can ask your Personal Adviser to talk about the things for you if that would help you. You can also ask other people like your parents/carers or someone like a member of staff at school.



Your Connexions Personal Adviser

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