

INFORMATION FOR PARENTS/CARERS

ADULT CARE SERVICES



Information

The aim of this leaflet is to tell you about the help available for adults from social services in Hertfordshire. In Hertfordshire all adult social service teams are part of Adult Care Services.

There are specialist teams in each area. These teams may be able to help your son/daughter.

1. The Community Learning Disability Team (CLDT)

The Community Learning Disability Team (CLDT) works with people aged 18 or over who have a learning disability. The CLDTs consider a young person to have a learning disability if they:


- have a significantly reduced ability to understand new or complex information, learn new skills or cope independently
- Young people also need to be at substantial risk without help from CLDT/social services.

To request help

Contact one of the CLDT teams in Hertfordshire directly by calling the office for the district you live in:

- | | |
|-----------------------------|-----------------------|
| • Broxbourne and East Herts | – 01438 843111 |
| • Dacorum | – 01442 454444 |
| • Hertsmere | – 01442 454242 |
| • North Herts and Stevenage | – 01438 843222 |
| • St Albans | – 01442 454300 |
| • Watford and Three Rivers | – 01442 454343 |
| • Welwyn and Hatfield | – 01438 843600 |

When a request for help is received, the CLDT will write to acknowledge they have received this, and they will arrange to do an assessment.

-  Referrals can be made by contacting the call centre on **01438 737400** or **01923 471400**.

2. Elderly and Physical Disability Team (EPD)

Work with people aged 18 and over who:

- have a physical disability, and
- who would be at substantial risk without help from social services

i Referrals can be made by contacting the call centre on **01438 737400** or **01923 471400**.

3. The Sensory Impairment Team

Work with people who:

- have a significant sensory impairment, and
- who would be at substantial risk without help from social services

i Referrals can be made by contacting the call centre on **01438 737400** or **01923 471400**.

4. The Mental Health Team

Work with people who:

- have a need for support because of mental ill health, and
- who would be at substantial risk without help from social services

i Referrals can be made by contacting the call centre on **01438 737400** or **01923 471400**.

What happens next

If a young person is eligible for support from Adult Care Services he/she may be placed on a waiting list or allocated a worker depending on their level of immediate need.

The Adult Care Service Team will work with the young person to try to help resolve any problems he/she, or you as their parent/carer have relating to their care.

Assessments are available for any person caring for someone who has a disability. The needs of both the person with the disability and their carer are assessed and issues are looked at such as:

- Communication
- Benefits
- Education
- Mental Health
- Physical Health
- Employment
- Leisure
- Day Opportunities
- Accommodation
- Respite Care

Once allocated the Team will either work with the young person and their carer to an identified care plan, or provide the support needed to help their situation.

The service provided will be reviewed on a regular basis.

What help is available?

Through some of the Teams it is possible to access:

- Community Nurses
- Social Workers
- Psychologists
- Psychiatrists
- Professional/Health Care Assistants
- Physiotherapists
- Dieticians
- Art Therapists
- Occupational Therapists
- Speech and Language Therapists

As well as these people within the Team, Adult Care Services also work with other agencies such as:-

- Private and Voluntary Organisations
- Primary Health
- Borough Council Housing
- Children, Schools and Families
- Connexions



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